



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-624-2414. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.emblemhealth.com or call 1-800-624-2414 to request a copy.

Table with 3 columns: Important Questions, Answers, Why this Matters. Rows include questions about deductible, services covered, other deductibles, out-of-pocket limit, network provider costs, and referral requirements.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event | Services You May Need | What You Will Pay | | *Limitations, Exceptions, & Other Important Information |
|---|--|---|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$15 co-pay visit | Not covered | ----None---- |
| | Specialist visit | \$15 co-pay visit | Not covered | ----None---- |
| | Preventive care/screening/immunization | No charge | Not covered | Applies to most services in accordance with USPSTF and HRSA including: Well Child Visits; Adult Annual Physical Exams; Well Woman Exams; Bone Density Testing. |
| If you have a test | Diagnostic test (x-ray, blood work) | No charge | Not covered | ----None---- |
| | Imaging (CT/PET scans, MRIs) | No charge | Not covered | Preauthorization required |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.EmblemHealth.com . | Generic drugs (Tier 1) | Retail: \$10 co-pay/30 day supply Mail Order: \$15 co-pay/90 day supply | Not covered | Tier 1, Tier 2 and Tier 3 drugs are covered. |
| | Preferred brand drugs (Tier 2) | Retail: \$15 co-pay/30 day supply Mail Order: \$22.50 co-pay/90 day supply | Not covered | |
| | Non-preferred brand drugs (Tier 3) | Retail: \$30 co-pay/30 day supply Mail Order: \$45 co-pay/90 day supply | Not covered | |
| | Specialty drugs | Tier 1: \$10 co-pay/30 day supply Tier 2: \$15 co-pay/30 day supply Tier 3: \$30 co-pay/30 day supply | Not covered | Written referral required. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No charge | Not covered | Preauthorization required |
| | Physician/surgeon fees | No charge | Not covered | ----None---- |

* For more information about limitations and exceptions, see the plan or policy document at www.emblemhealth.com/sbc.

| Common Medical Event | Services You May Need | What You Will Pay | | *Limitations, Exceptions, & Other Important Information |
|--|--|---|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you need immediate medical attention | Emergency room care | \$50 co-pay | \$50 co-pay | Applies to facility charge, waived if admitted. |
| | Emergency medical transportation | No charge | No charge | -----None----- |
| | Urgent care | \$15 co-pay visit | Not covered | Applies to facility charge. |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No charge | Not covered | Preauthorization required |
| | Physician/surgeon fee | No charge | Not covered | -----None----- |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$15 co-pay visit | Not covered | Unlimited visits. For Substance Abuse care, up to 20 visits per plan year may be used for family counseling |
| | Inpatient services | No charge | Not covered | Preauthorization required. However, Preauthorization is not required for emergency admissions. |
| If you are pregnant | Office visits | No charge | Not covered | Pre/Postnatal Care provided in accordance with USPSTF and HRSA has No charge. |
| | Childbirth/delivery professional services | No charge | Not covered | Preauthorization required |
| | Childbirth/delivery facility services | No charge | Not covered | Limited to 48 hours for natural delivery and 96 hours for caesarean delivery. Preauthorization required |
| If you need help recovering or have other special health needs | Home health care | \$15 co-pay visit | Not covered | 40 visits per plan year. Preauthorization required. |
| | Rehabilitation services | Inpatient: No charge Outpatient: \$15 co-pay visit | Not covered | Inpatient: 30 days per plan year combined therapies. Preauthorization required. |
| | Habilitation services | Inpatient: No charge Outpatient: \$15 co-pay visit | Not covered | Outpatient: 120 visits per plan year combined therapies. Preauthorization required. |
| | Skilled nursing care | No charge | Not covered | 45 days per plan year. Preauthorization required. |
| | Durable medical equipment | No charge | Not covered | Preauthorization required |
| | Hospice services | No charge | Not covered | 210 days per lifetime. Preauthorization required. |

* For more information about limitations and exceptions, see the plan or policy document at www.emblemhealth.com/sbc.

| Common Medical Event | Services You May Need | What You Will Pay | | *Limitations, Exceptions, & Other Important Information |
|---|-----------------------|--|---|---|
| | | <u>Network Provider</u> (You will pay the least) | <u>Out-of-Network Provider</u> (You will pay the most) | |
| If your child needs dental or eye care | Children’s eye exam | \$15 co-pay | Not covered | One refractive eye exam |
| | Children’s glasses | Frames: \$80 allowance; Standard single, bifocal or trifocal lenses: \$35 co-pay | Not covered | Available every 24 months through participating EyeMed/ CPS providers |
| | | | | |

* For more information about limitations and exceptions, see the plan or policy document at www.emblemhealth.com/sbc.

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) | | |
|---|--|---|
| <ul style="list-style-type: none"> • Acupuncture • Cosmetic surgery • Dental care | <ul style="list-style-type: none"> • Hearing aids • Long-term care • Most coverage provided outside the United States • Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none"> • Routine foot care • Weight loss programs |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
|---|---|--|
| <ul style="list-style-type: none"> • Bariatric surgery (Prior Approval required) • Chiropractic care | <ul style="list-style-type: none"> • Infertility treatment (Prior Approval required) | <ul style="list-style-type: none"> • Private-duty nursing • Routine eye care |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: New York State Department of Financial Services at 1-800-342-3736 or www.dfs.ny.gov/, U.S. Department of Health and Human Services at 1-877-267-2323 x1565 or www.cciio.cms.gov, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/contactEBSA/consumerassistance.html or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your right, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

| | |
|---|--|
| <p><u>EmblemHealth</u> By Phone: Please call the number on your ID card. In writing: EmblemHealth Grievance and Appeals Department P.O. Box 2801 New York, NY 10116-2807 Website: www.emblemhealth.com</p> | <p><u>For All Coverage Types</u> New York State Department of Financial Services By Phone: 1-800-342-3736 In writing: New York State Department of Financial Services Consumer Assistance Unit One Commerce Plaza Albany, NY 12257 Website: www.dfs.ny.gov</p> |
|---|--|

* For more information about limitations and exceptions, see the plan or policy document at www.emblemhealth.com/sbc.

| | |
|---|---|
| <p><u>For HMO Coverage</u> New York State Department of Health By Phone: 1-800-206-8125 In writing: New York State Department of Health Office of Health Insurance Programs Bureau of Consumer Services – Complaint Unit Corning Tower – OCP Room 1607 Albany, NY 12237 Email: managedcarecomplaint@health.ny.gov Website: www.health.ny.gov</p> | <p><u>Consumer Assistance Program</u> New York State Consumer Assistance Program By Phone: 1-888-614-5400 In writing: Community Health Advocates 633 Third Avenue, 10th Floor New York, NY 10017 Email: cha@cssny.org Website: www.communityhealthadvocates.org</p> <p><u>For Group Coverage:</u> U.S. Department of Labor Employee Benefits Security Administration at 1-866-444-EBSA (3272) Website: www.dol.gov/ebsa/healthreform</p> |
|---|---|

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

- Spanish (Español): Para obtener asistencia en Español, llame al 1-800-624-2414
- Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-624-2414
- Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-624-2414
- Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-624-2414

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

* For more information about limitations and exceptions, see the plan or policy document at www.emblemhealth.com/sbc.



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is having a baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist](#) (cost sharing) \$15
- Hospital (facility) [cost sharing](#) \$0
- Other [cost sharing](#) \$60

This EXAMPLE event includes services like:

[Specialist](#) office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services [Diagnostic tests](#) (ultrasounds and blood work) [Specialist visit](#) (anesthesia)

| | |
|---------------------------|----------|
| Total Example Cost | \$12,700 |
|---------------------------|----------|

In the example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|--------------|
| Deductibles | \$0 |
| Copayments | \$340 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$60 |
| The total Peg would pay is | \$400 |

Managing Joe's type 2 diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist](#) (cost sharing) \$15
- Hospital (facility) [cost sharing](#) \$0
- Other [cost sharing](#) \$55

This EXAMPLE event includes services

like: [Primary care physician](#) office visits (including disease education)
[Diagnostic tests](#) (blood work)
[Prescription drugs](#)
[Durable medical equipment](#) (glucose meter)

| | |
|---------------------------|---------|
| Total Example Cost | \$5,600 |
|---------------------------|---------|

In the example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$0 |
| Copayments | \$1,065 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$55 |
| The total Joe would pay is | \$1,120 |

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist](#) (cost sharing) \$15
- Hospital (facility) [cost sharing](#) \$0
- Other [cost sharing](#) \$0

This EXAMPLE event includes services like:

[Emergency room care](#) (including medical supplies)
[Diagnostic test](#) (x-ray)
[Durable medical equipment](#) (crutches)
[Rehabilitation services](#) (physical therapy)

| | |
|---------------------------|---------|
| Total Example Cost | \$2,800 |
|---------------------------|---------|

In the example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|--------------|
| Deductibles | \$0 |
| Copayments | \$120 |
| Co-insurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$120 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.



ATTENTION: Language assistance services, free of charge, are available to you. Call **1-877-411-3625** (TTY/TDD: **711**).

Español (Spanish)

ATENCIÓN: Usted tiene a su disposición, gratis, servicios de ayuda para idiomas. Llame al **1-877-411-3625** (TTY/TDD: **711**).

中文 (Chinese)

注意：我們免費提供相關的語言協助服務。請致電 **1-877-411-3625** (TTY/TDD: **711**)。

Русский (Russian)

ВНИМАНИЕ! Вам доступны бесплатные услуги переводчика. Звоните по тел. **1-877-411-3625** (служба текстового телефона TTY/TDD: **711**).

Kreyòl Ayisyen (Haitian Creole)

ATANSYON: Gen sèvis èd nan lang gratis ki disponib pou ou. Rele nimewo **1-877-411-3625** (TTY/TDD: **711**).

한국어 (Korean)

주의: 귀하에게 언어 지원 서비스가 무료로 제공됩니다. **1-877-411-3625**(TTY/TDD: **711**)번으로 전화하십시오.

Italiano (Italian)

ATTENZIONE: sono disponibili servizi gratuiti di assistenza linguistica. Chiami il numero **1-877-411-3625** (TTY/TDD: **711**).

אידיש (Yiddish)

אכטונג: שפראך הילף סערוויסעס, אהן קיין פרייז, זיינען דא צו באקומען פאר אייך. רופט **1-877-411-3625** (TTY/TDD: **711**).

বাংলা (Bengali)

মনোযোগ দিন: ভাষা সহায়তা পরিষেবাগুলি আপনার জন্য বিনামূল্যে উপলব্ধ আছে। **1-877-411-3625** (TTY/TDD: **711**) নম্বরে ফোন করুন।

Polski (Polish)

UWAGA: dostępna jest bezpłatna pomoc językowa. Prosimy zadzwonić pod numer **1-877-411-3625** (TTY/TDD: **711**).

العربية (Arabic)

يرجى الانتباه: تتوفر لك خدمات المساعدة اللغوية مجاناً، اتصل على الرقم **1-877-411-3625** أو (TTY/TDD: **711**).

Français (French)

ATTENTION : une assistance d'interprétation gratuite est à votre disposition. Veuillez composer le **1-877-411-3625** (TTY/TDD : **711**).

اردو (Urdu)

وجہ دیں: آپ کے لیے زبان سے متعلق اعانت کی خدمات، مفت دستیاب ہیں۔ 1-877-411-3625 (TTY/TDD: 711) پر کال کریں۔

Tagalog (Tagalog)

NANANAWAGAN NG PANSIN: Mayroon kang magagamit na mga serbisyo para sa tulong sa wika nang walang bayad. Tawagan ang 1-877-411-3625 (TTY/TDD: 711).

Ελληνικά (Greek)

ΠΡΟΣΟΧΗ: Διατίθενται για σας υπηρεσίες γλωσσικής βοήθειας, δωρεάν. Καλέστε το 1-877-411-3625 (για άτομα με προβλήματα ακοής (TTY/TDD): 711).

Shqip (Albanian)

VINI RE: Shërbime ndihmore për gjuhën, falas, janë në dispozicionin tuaj. Telefononi në 1-877-411-3625 (TTY/TDD: 711).

NOTICE OF NONDISCRIMINATION POLICY

EmblemHealth complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. EmblemHealth does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

EmblemHealth:

- Provides free aids and services to people with disabilities to help
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose first language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, please call member services at **1-877-411-3625 (TTY/TDD: 711)**.

If you believe that EmblemHealth has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with EmblemHealth Grievance and Appeals Department, PO Box 2844, New York, NY 10116, or call member services at **1-877-411-3625**. (Dial **711** for TTY/TDD services.) You can file a grievance in person, by mail or by phone. If you need help filing a grievance, EmblemHealth's Grievance and Appeals Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office of Civil Rights electronically through the Office of Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at **U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201; 1-800-368-1019**, (dial **1-800-537-7697** for TTY services).

Complaint forms are available at hhs.gov/ocr/office/file/index.html.