

2009 Hofstra Summer Camps Parent Handbook



Helpful Information
to get your child
ready for camp

Call
(516) 463-CAMP
or visit
ce.hofstra.edu/camp



A choice that can change your child's life



Welcome



Terence Ryan
Director



Frances Bruscano
Associate Director



Seymour Lebenger
Special Assistant to the Director

Dear Parents,

We look forward to welcoming your child to Hofstra Summer Camps. We ask that you read all the information contained in this handbook before your child begins camp. It provides you with the information you need to ensure a safe, fun experience for your child(ren) this summer.

The camp experience is a rich environment full of exciting beginnings, new friends and new achievements, combined with growth and independence. The essence of camp is the presence of supportive relationships, meaningful opportunities, and challenging activities in a physically and emotionally safe environment. It is a place designed for children, where they can explore and discover an important rite of passage for today's youth.

Camp provides children with opportunities for safe risks, enabling them to take chances and reach new heights. Camp nurtures curiosity and invites creativity, which are precursors to discovery and growth. In order for children to become healthy, productive citizens, they need to be able to navigate the world in which they live. We understand, as parents, that if a child is to achieve success, he or she must be able to exercise mind, body and soul.

Giving your child the gift of camp is sure to create many treasured memories for your entire family.

Terry Ryan, Director

Fran Bruscano, Associate Director

Please read the entire handbook.



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New York state law requires that each parent be aware of the following:

- ▶ It is mandatory for all camps to receive an operating permit from the New York State Department of Health each year.
- ▶ Camps are required to be inspected biannually.
- ▶ Inspection reports are filed at the Nassau County Department of Health, 106 Charles Lindbergh Blvd., Uniondale, NY 11553.
- ▶ Inquiries can be made to the Nassau County Department of Health, Monday-Friday, 9 a.m.-4:45 p.m., at (516) 227-9717.
- ▶ Hofstra Summer Camps' American Camp Association and Board of Health certifications are on display at the camp office.

LICENSING

Hofstra Summer Camps is licensed and inspected by the New York State Department of Health. Inspection records and required plans are filed with the New York State Department of Health.

ACCREDITATION

Hofstra Summer Camps is proud of its accreditation by the American Camp Association (ACA). Only one in four camps nationwide achieve this accreditation. ACA is the only national organization that accredits camps based on compliance with established standards in sites and facilities, health, staff, program transportation, operational management, and aquatics.

Hofstra University Summer Camps

250 Hofstra University • Hempstead, New York 11549-2500

Phone: (516) 463-CAMP (2267) • Fax: (516) 463-6114

E-mail: ce-camps@hofstra.edu • Web site: ce.hofstra.edu/camp



Specialty Camps

OFFICE HOURS FROM SEPTEMBER TO THE FIRST DAY OF CAMP

The camp office is open year-round, Monday through Friday, from 9 a.m. to 5 p.m.

OFFICE HOURS FROM THE FIRST DAY OF CAMP TO THE LAST DAY OF CAMP

During July and August, the office is open Monday through Friday, from 8 a.m. to 6 p.m.

LUNCH

Lunch is served daily at Hofstra University's dining facilities, and includes various hot entrees, bagels, beverages and desserts, plus an unlimited salad and fruit bar. In addition, we offer a choice of sandwiches (peanut butter and jelly, cheese, roast beef, tuna and turkey), hot dogs, hamburgers and french fries every day. Please keep in mind that the salad bar, fruit bar and vegetables are available every day.

WHAT TO BRING TO CAMP

Please make sure everything is clearly marked with your child's first and last name. Each camper should wear daily: cotton T-shirt, athletic shorts, sneakers, and sweat socks.

- ▶ Bring a bathing suit, towel and water bottle in a waterproof backpack.
- ▶ Younger campers are urged to wear their bathing suits under their clothes to save time changing for swim.
- ▶ Sandals are inappropriate footwear for camp.
- ▶ Children enrolled in the following specialties must bring:
 - **Baseball Camp** – A baseball glove and cap are required.
 - **Soccer Camp** – Shin guards are required. Cleats are optional.
 - **Tennis Camp** – A tennis racket is required. Athletic sneakers are acceptable, except those with black bottoms.

Before camp begins, one Hofstra T-shirt and Hofstra backpack will be sent to your home for each child that is registered for camp.

For registrations received after camp begins, the T-shirt and backpack will be mailed to your home within a few days.

WHAT NOT TO BRING TO SPECIALTY CAMPS

- ▶ Do not send your child with jewelry or any electronics (Walkman, CD player, MP3 player, iPod, Game Boy, etc.).
- ▶ Pocket knives and weapons of any kind are strictly prohibited.
- ▶ Alcohol, tobacco and drugs are strictly prohibited, except prescription medications in original containers left with our nurses.

Hofstra is not responsible for lost or stolen items.

NEW CAMP APPAREL

▶ Visit conceptsinpromotions.com to view all our new camp apparel, or call (631) 656-2093 to order now!

GRATUITIES

A major part of your child's camp memories have to do with the counselors who have given him or her their undivided and personalized attention and care.

Tippling is an individual decision that should be based upon your child's accomplishments and your personal feelings. Consider the following:

- ▶ Does my child talk about his/her counselors?
- ▶ Does my child talk about what he/she does during the day?

It is customary for families to show their appreciation to the counselors who have been a major part of their child's summer. Below is a suggested tip amount based on the camp that your child is in for each two-week session:

Specialty Camps (campers entering grades 2-9)

- Recreation Counselor \$10 per week
- Specialty Counselor \$10 per week
- Swim Counselor \$5 per week
- Bus Counselor (where applicable) \$5 per week
- Bus Driver \$5 per week (Drivers and routes are subject to change each session.)

Cub Camp (campers entering grades K-1)

- Cub Counselor \$20 per week
- Swim Counselor \$5 per week
- Bus Counselor (where applicable) \$5 per week
- Bus Driver \$5 per week (Drivers and routes are subject to change each session.)

When should I tip?

For Specialty Camps, we suggest that you send your child's tips in individual envelopes. Please put your child's name, specialty title or recreation group number, and/or swim counselor's name on the front, and have your child give it directly to his/her counselor.

Specialty Camp, Session 4

Your camper's staff will change during this session; please have your child give the envelope directly to his/her counselor at the end of the session.



SPECIAL EVENTS:

Every Thursday will be a special events day.

Special events include DJ performances, Carnival Day, concerts, Field Day, and visits from NY Islanders.

PICTURE DAY:

Owen Photography will take pictures of each recreation group on the following days:

Session 1: Monday, July 13 ● **Session 2: Wednesday, July 22** ● **Session 3: Wednesday, August 5**
Each camper will receive one complimentary group picture. This is our way of saying thanks for choosing Hofstra Summer Camps!

Sports Academy Camps

OFFICE HOURS FROM SEPTEMBER TO THE FIRST DAY OF CAMP

The camp office is open year-round, Monday through Friday, from 9 a.m. to 5 p.m.

OFFICE HOURS FROM THE FIRST DAY OF CAMP TO THE LAST DAY OF CAMP

During July and August, our office is open Monday through Friday, from 8 a.m. to 6 p.m.

We are closed July 4 (national holiday).

If your child is enrolled in one of the Sports Academy Camps, you may direct questions to the appropriate coach:

- ▶ Patrick Anderson Baseball Camp (516) 463-5065
- ▶ John Corso (for Boys Basketball Camp) (516) 463-6204
- ▶ Krista Kilburn-Steveskey Girls Basketball Camp (516) 463-6754
- ▶ Joe Amplo (for Boys Lacrosse Camp) (516) 463-6617
- ▶ Richard Nuttall (for Coed Soccer Camp) (516) 463-0762
- ▶ Christine A. Nowierski Cheer Camp (516) 463-6914
- ▶ Kelly Olsen Dance Academy (516) 463-6914
- ▶ Ryan Realmuto (for Softball Camp) (516) 463-7574
- ▶ Pete Alfano (Cross Country Camp) (516) 463-6702
- ▶ Fred Motley Pep Band Camp (516) 463-6914

LUNCH

Lunch is served daily at one of Hofstra University's dining facilities, and includes a different hot entrée each day, a full variety of sandwiches, hamburgers, hot dogs, french fries, desserts, and assorted beverages. Please visit ce.hofstra.edu/camp to view the full lunch menu.

WHAT TO BRING TO CAMP

Please make sure everything is clearly marked with your child's first and last name.

Patrick Anderson Coed Baseball Camp

Each camper should wear daily:

- ▶ Baseball cap, baseball cleats or sneakers, sweat socks, baseball pants (optional) or shorts, and a cotton T-shirt.
- ▶ Bathing suit and towel will be needed on assigned swim days.
- ▶ Bring a water bottle and baseball glove.

Tom Pecora Boys Basketball Camp and Krista Kilburn-Steveskey Girls Basketball Camp

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, sneakers and sweat socks.
- ▶ Bathing suit and towel will be needed on assigned swim days.
- ▶ Bring water bottle in a waterproof backpack.
- ▶ Younger campers are urged to wear their bathing suits under their clothes to save time changing for swim.

Seth Tierney Boys Lacrosse Camp

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, sneakers and sweat socks.
- ▶ Bring a lacrosse stick, helmet, shoulder pads, arm pads, mouthpiece and athletic supporter.
- ▶ Equipment must be brought daily.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Hofstra is not responsible for lost or stolen items.

WHAT NOT TO BRING TO SPORTS ACADEMY CAMPS

- ▶ Do not send your child with jewelry or any electronics (Walkman, CD player, MP3 player, iPod, Game Boy, etc.).
- ▶ Pocket knives and weapons of any kind are strictly prohibited.
- ▶ Alcohol, tobacco and drugs are strictly prohibited, except prescription medications in original containers left with our nurses.

Christine A. Nowierski Cheer Camp (CAN Cheer Camp)

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts (no pockets), flat-soled sneakers/cheerleading sneakers and sweat socks.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Kelly Olsen Dance Academy

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, flat-soled sneakers and sweat socks.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Richard Nuttall and Simon Riddiough Soccer Camp

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, shin guards and soccer cleats or sneakers.
- ▶ Campers must also bring a water bottle.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Hofstra University Softball Camp

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, athletic shorts and sneakers/cleats.
- ▶ Each player must bring their own marked glove and water bottle.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Pete Alfano Cross Country Camp

Each camper should wear daily:

- ▶ Cotton T-shirt, athletic shorts, sneakers and sweat socks.
- ▶ Bathing suit and towel will be needed on assigned swim days.

Fred Motley Pep Band Camp

▶ Bathing suit and towel will be needed on assigned swim days.

GRATUITIES

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Tippling is an individual decision that should be based upon your child's accomplishments and your personal feelings. Consider the following:

- ▶ Does my child talk about his/her counselor?
- ▶ Does my child talk about what he/she does during the day?

It is customary for families to show their appreciation to the counselors who have been a major part of their child's summer. Below is a suggested tip amount based on the camp that your child is in for each two-week session:

- Sports Camp Counselor \$10 per week
- Bus Counselor (where applicable) \$5 per week
- Bus Driver \$5 per week (*Drivers and routes are subject to change each session.*)

When should I tip?

Please ask your child to give the envelope to his or her counselor at the end of each session.

Transportation (516) 463-6514 or (516) 463-6287

If you are providing your own transportation to camp, please plan to arrive between 8:30 and 8:50 a.m., and park your car in the lot across from the Physical Fitness Center (PFC). Walk your child into the PFC and go to the far left corner of the gym; campers must be signed in by parents. Our staff will escort your child to his/her area. Campers should be picked up from camp at 3:45 p.m. **Please see page 9 for designated pickup areas for Specialty Camps and Sports Academy Camps.**

Campers being picked up by buses provided by Hofstra Summer Camps will arrive at camp at approximately 9 a.m. Departure time of camp vehicles is approximately 4:15 p.m. The bus driver will leave a welcome letter in your mailbox with an approximate pickup time a few days prior to each session. Please have your child ready so that delays can be avoided.

BUS TAGS

Please have your child wear the bus tag on the first day of each session. The bus tag will list your child's Sports Academy Camp or Specialty Camp title, recreation group number and bus number. Please inform your child of the bus number so that he or she knows to remember it each day. The bus tag is sent the week prior to each session; bus numbers and routes may change each session.

NASSAU COUNTY PICKUPS

Door-to-door transportation is provided in most areas of Nassau County. Nassau County residents residing in certain outlying areas (Bayville, Lattingtown, Mill Neck, Manor Haven, Cove Neck, Kings Point, Locust Valley, Oyster Bay Cove, Laurel Hollow, Matinecock and Sands Point) have area pickups. Please call the Transportation Office at (516) 463-6514 to determine your camper's area pickup.

QUEENS COUNTY PICKUPS

Door-to-door transportation is provided in designated areas in Queens (Little Neck, Rosedale, Bellerose, Floral Park, Cambria Heights, Douglaston, Queens Village and Bayside). All other locations are served by area pickups. Please call the Transportation Office at (516) 463-6514 to determine your camper's area pickup.

QUEENS COUNTY AND SUFFOLK COUNTY AREA PICKUPS

There are designated area pickup points on or near the Nassau County border. Visit ce.hofstra.edu/camp, and click on "Specialty Camps," and then click on "Transportation."

DEAD-END STREETS OR CULS-DE-SAC

Parents must contact the Transportation Office to make arrangements for pickup or drop-off on a dead-end street or cul-de-sac. Families that live on dead-end streets or culs-de-sac **MUST** meet the bus at the corner of the block for pickup and drop-off.

ABSENCES

When the bus arrives, please wave the bus on so the driver knows not to wait for your child. You may also leave a message at (516) 463-6514. Campers are not permitted to change or make up days missed from the regularly scheduled camp sessions. **There is no credit or refund for missed days.**

ARRIVAL PROCEDURES

Buses will arrive at Hofstra at approximately 9 a.m., depending on the route. Our staff will meet the bus at the Physical Fitness Center. Hofstra Summer Camps staff will escort your child to his or her area. Please inform your child of their bus number so that he or she knows to remember it each day; bus numbers and routes may change each session.

DISMISSAL PROCEDURES

Once all the early pickups are dismissed, staff members will take attendance at every bus line and will escort your child to his or her designated bus.

SAFETY RULES FOR VANS AND BUSES

- ▶ Approximate pickup time is between 7:45 and 8:30 a.m. (some bus routes may be earlier).
- ▶ All campers transported in vans and buses must be seated and must wear seat belts.
- ▶ No camper should ever put his or her head or arms out of the window.
- ▶ All campers must listen to the driver and/or bus counselor.
- ▶ Campers should keep their voices down so the driver may concentrate on the road.
- ▶ Please be on time.
- ▶ Walk up and down steps of the van or bus carefully.
- ▶ Departure time from Hofstra University is between 4:15 and 4:30 p.m.
- ▶ Each camper must have the same pickup and drop-off address.
- ▶ Bus routes and drivers may be changed each session.
- ▶ We will not reroute buses in order for campers to be with friends.

Extended Hours Program

Hofstra's Extended Hours Program is designed with the working family in mind. The program is structured for parents who wish to have their children remain under the supervision of camp personnel until parents can pick them up later in the day. Activities, games and movies will be available for the children, and a snack will be provided for each child. **Note: Signing up for this program does not prohibit these children from taking the bus in the morning; it does, however, prohibit them from taking the bus in the afternoon.**

Age Levels: Program is available to children entering grades K-12.
Tuition: \$100 per session, in addition to camp tuition.

- ▶ Extended Hours Program is available for the afternoon only, and is not available on a day-to-day basis.
- ▶ Tuition includes an afternoon drink and snack.
- ▶ All children in the Extended Hours Program must be picked up by 6 p.m.



Policies and Guidelines

EARRINGS. We cannot allow campers to participate in contact sports while wearing earrings. The damage to a child's ear when hit by a ball can be significant if the child is wearing earrings.

EYEGASSES. Campers play several sports (baseball, basketball, volleyball, etc.) that could lead to broken eyeglasses. We suggest that your child wear safety glasses (i.e., Rec Specs). We cannot be responsible for broken eyeglasses.

PERMISSION TO PARTICIPATE. When you signed your child's medical form, you gave permission for your child to participate in all camp activities as described in our brochure. If you wish for your child to be restricted from any activity, please notify us in writing prior to your child's camp session. **Please note that it is not our policy to force any child to participate in an activity.** We do our best to make the activity enjoyable so your child will wish to participate.

AMERICAN RED CROSS INSTRUCTIONAL SWIM PROGRAM. Most of our camp families strongly desire swim instruction for their children. We provide American Red Cross instruction every day with some free time swim. Please send a note if you do not wish for your child to participate in instructional swim.

MEDICAL CONCERNS. All campers are required to have a completed Hofstra Summer Camps medical form on file before camp begins. Please be sure that you complete the medical history and your child's physician completes a physical examination. Please provide us with as much information as possible concerning your child's medical history, allergies, medications, and any special needs. All medical forms must include an up-to-date immunization record and emergency contact information, and must be signed by a parent or legal guardian.

MEDICATIONS. All prescription medications in their original labeled containers must be brought to the Camp Infirmary, at 131 Physical Fitness Center, on Thursday, July 2, 2009, from 10 a.m. to 2 p.m. They will be stored at our infirmary and administered as prescribed by your physician on your child's medical form. Non-prescription medications such as Tylenol or Benadryl may be administered only with the signed approval of your physician. Campers are not permitted to carry medications at any time.

SAFETY PROCEDURES

- ▶ Certified athletic trainers monitor air quality.
- ▶ Campers are given ready access to water at frequent intervals.
- ▶ Whenever possible, we bring outdoor activities into air-conditioned facilities, or to cool, shaded areas.
- ▶ Our first concern is for your child's safety; therefore, we reserve the right to take the following actions in very hot weather: reduce physical activities, substitute sedentary activities for outdoor sports, and provide activities unrelated to your child's specialty, (e.g., movies).

MEDICAL NOTIFICATION. It is our policy to notify you if your child becomes ill during the camp day or suffers an injury other than minor bumps, bruises or scrapes. Our registered nurse will contact you.

TICKS AND LYME DISEASE. To avoid tick bites and Lyme disease, the New York State Department of Health recommends that you check your child for ticks daily. Light-colored clothing is also recommended.

SUNSCREEN. The use of sunscreen is highly recommended by our medical staff and the New York State Department of Health. It is best to apply sunscreen to your child before he or she leaves home in the morning. You may wish to send along additional sunscreen to be applied later in the day. We keep an emergency supply at the Camp Infirmary.

EXTENSIONS - ADDING ADDITIONAL SESSIONS. Parents wishing to add a session to their child's stay at camp should contact the camp office. Extensions will be given only when space is available. Door-to-door transportation will not be provided for any registrations received after: June 4 (session 1); June 18 (session 2); and June 25 (sessions 3 and 4).

INAPPROPRIATE BEHAVIOR. Hofstra Summer Camps reserves the right to dismiss any camper who acts in an inappropriate or detrimental manner. If your child is dismissed from camp for inappropriate or detrimental behavior, a prorated refund will be granted based on the amount of time your child has spent at camp.

CAMP TAX IDENTIFICATION NUMBER. For those families who declare a child care deduction on their taxes, our tax ID number is 111-630-906.

Picking Up Your Child Early From Camps

You must notify the camp office in order to pick up your child early from camp, so we can tell the child's bus line counselor that he or she will not be taking the bus home. You must sign out your child (see below for specific pickup areas and times).

Please review the following:

- ▶ Morning pickup: campers may be picked up only at 11:30 a.m.
- ▶ Afternoon pickup: please see below for each camp's specific afternoon pickup time and location.
- ▶ Please do not arrive before the designated time to pick up your children.
- ▶ Arrival before the designated time will result in unnecessary delay of dismissal and may prevent the safe, scheduled departure of camp vehicles.
- ▶ Please be patient for early pickups.

Sessions 1, 2 and 3

Below you will find specific pickup areas and times for all the Sports Academy Camps and Specialty Camps, for sessions 1, 2 and 3 only.

• Specialty Camps	Physical Fitness Center	3:45 p.m.
• Patrick Anderson Baseball Camp	Physical Fitness Center	3:45 p.m.
• Tom Pecora Boys Basketball Camp	David S. Mack Sports and Exhibition Complex	3:30 p.m.
• Krista Kilburn-Steveskey Girls Basketball Camp	Physical Fitness Center	3:45 p.m.
• Seth Tierney Boys Lacrosse Camp	James M. Shuart Stadium / Howdy Myers Pavilion	3:45 p.m.
• Richard Nuttall and Simon Riddiough Coed Soccer Camp	Physical Fitness Center	3:45 p.m.
• Kelly Olsen Dance Academy	Physical Fitness Center	3:45 p.m.
• Hofstra University Softball Camp	Physical Fitness Center	3:45 p.m.
• Christine A. Nowierski Cheer Camp	Physical Fitness Center	3:45 p.m.
• Pete Alfano Cross Country Camp	Hofstra USA	3:30 p.m.
• Fred Motley Pep Band Camp	Hofstra USA	3:30 p.m.

Session 4

If your camper is enrolled in any of our Sports Academy Camps or Specialty Camps during session 4, arrival, dismissal, drop-off and early pickups are at HOFSTRA USA, North Campus!



HOFSTRA UNIVERSITY®

HOFSTRA SUMMER CAMPS

250 Hofstra University

Hempstead, NY 11549-2500

Non-Profit Org.
U.S. Postage
PAID
Hofstra University

Call (516) 463-CAMP or visit ce.hofstra.edu/camp.



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