Hofstra University's Master of Public Health and The North Shore-LIJ Zucker Hillside Hospital present

## Breaking the Silence: Stop the Stigma of Mental Illness FIRST ANNUAL EVENT



Do you know someone who lives with anxiety or depression?

How is our society addressing this?

Join us for an interactive panel discussion about mental health.

Tuesday, October 8<sup>th</sup> 2013 4:30-6:00 pm Student Center Theater Mack Student Center, North Campus, Hofstra University

## **Panel Speakers**

- Michael Birnbaum, MD, Director, Early Treatment Program, NS-LIJ/Zucker
- Laura Braider, PhD, Behavioral Health College Partnership, NS-LIJ/Zucker
- · Hakeem Rahim, EdM, Owner, Live Breathe, LLC
- Andrea Nerlich, PhD, Associate Professor of Counseling and Mental Health Professions, Hofstra University

This event is open to the public. For more information, visit www.hofstra.edu/stigma

